

SETTING UP THROW AWAY EMAIL ADDRESSES ON THE FLY

Beginners' Kaffee Klatch
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If you give your email address to everyone, you are bound to receive spam emails, and you won't know where they came from. Wouldn't it be great if you were to give a different email address to every online business or web site, while getting all your email as before? Wouldn't it be great to assume (with great certitude) that the address will be given to spammers, and have it shut off automatically unless you decide otherwise? That's exactly what this **free** program offers! There is nothing to install on your computer, and once you are set up, it's likely you won't ever have to go back to the program's Website. This is what makes this program one of the most convenient and effective anti-spam tools available.

Protect yourself from spam in three easy steps:

1. Create a spamgourmet account at www.spamgourmet.com. Enter your user name and the email address you want to be protected. You will be asked to identify the word in a picture and pick a password.
2. Spamgourmet will forward to this address all the emails sent to your spamgourmet disposable addresses -- that way you don't have to tell anyone else what it is -- this is why it's called the protected address. Of course, this protected address must exist. That's why you have to confirm it. You'll receive an email asking you to confirm.
3. After you have confirmed your protected address, you can give out self-destructing disposable email addresses whenever you want. The disposable addresses are in this format: someword.x.user@spamgourmet.com where someword is a word you have never used before, x is the number of email messages you want to receive at this address (up to 20), and user is your username that you have created in spamgourmet.

For example, if you have chosen the user name "wilkinlv5", and Best Buy wants you to give them your email address (on the web, on the phone, at a store - it doesn't matter), instead of giving them your real email address, give them this one: purchase.3.wilkinlv5@spamgourmet.com.

In the example in the preceding paragraph, the disposable email address will be created the first time Best Buy uses it (you don't have to do anything to create it), and you'll receive at most 3 messages, forwarded to your real address (the address that you stipulated when you created your spamgourmet account.) Any message after the third will be indelicately consumed.